# Vocabulary & Synonyms-Antonyms Guide

Derived from: "Hazrat Muhammad Rasulullah (ﷺ): A Mercy for All Creation"

**Overview:** This document compiles difficult words, academic vocabulary, and key terms extracted from the text pages about the life and teachings of Prophet Muhammad (ﷺ). Each term is accompanied by its contextual meaning, synonyms, and antonyms in a structured tabular layout.

## Core Vocabulary & Literary Terms

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Revered** | Deeply respected or admired. | Venerated, esteemed, honored, worshipped | Despised, scorned, unrespected, disrespected |
| **Epitomized** | Be a perfect example of a particular quality or type. | Personified, embodied, typified, exemplified | Distorted, misrepresented, contradicted |
| **Matchless** | Having no equal; better than all others. | Incomparable, unrivaled, peerless, unique | Common, ordinary, mediocre, matched |
| **Legacy** | An amount of money or property left to someone; something handed down from the past. | Inheritance, heritage, bequest, tradition | Innovation, present, current trend |
| **Comprehensive** | Complete; including all or nearly all elements or aspects. | Thorough, exhaustive, inclusive, extensive | Limited, narrow, partial, incomplete |
| **Evidently** | Clearly; plainly. | Obviously, manifestly, noticeably, distinctly | Obscurely, doubtfully, imperceptibly |
| **Injunctions** | An authoritative warning or order; a command. | Directives, mandates, decrees, commands | Requests, suggestions, hints |
| **Reflective** | Relating to or characterized by deep thought; indicative of a state. | Contemplative, meditative, indicative, revealing | Thoughtless, unreflective, unmindful |
| **Arrogantly** | In an unpleasantly proud and stuck-up manner. | Haughtily, insolently, imperiously, presumptuously | Humbly, modestly, meekly, deferentially |
| **Violently** | | Fiercely, forcefully, aggressively, roughly | Gently, mildly, peacefully, softly |

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| | In a manner involving great physical force or intense emotion. | | |

## Advanced & Behavioral Vocabulary

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Compassionate** | Feeling or showing sympathy and concern for others. | Empathetic, sympathetic, tender-hearted, caring | Cruel, merciless, unfeeling, callous |
| **Myriads** | A countless or extremely great number of people or things. | Multitudes, countless, masses, swarms | Few, scarcity, handful, limited number |
| **Lenient** | Permissive, merciful, or tolerant in punishment or judgment. | Merciful, indulgent, forgiving, tolerant | Strict, harsh, severe, stern |
| **Spurred** | Encouraged or prompted an action or development. | Stimulated, prompted, motivated, incited | Hinderd, discouraged, deterred, repressed |
| **Hard-hearted** | Unsympathetic and unforgiving; cruel. | Callous, unfeeling, ruthless, cold-blooded | Compassionate, tender, sympathetic, warm |
| **Severity** | The fact or condition of being severe, strict, or harsh. | Harshness, sternness, rigor, strictness | Leniency, mildness, gentleness, mercy |
| **Captive** | Imprisoned or confined; unable to escape. | Confined, trapped, detained, imprisoned | Free, liberated, unrestrained, emancipated |
| **Inflicted** | Caused something unpleasant or painful to be suffered. | Imposed, administered, exacted, visited | Relieved, removed, averted, prevented |
| **Conquered** | Overcame and took control of a place or people by military force. | Vanquished, defeated, subdued, mastered | Surrendered, yielded, lost, conceded |
| **Unanimously** | Without opposition; with the agreement of all people involved. | Harmoniously, collectively, universally, concurrently | Divided, discordantly, contentiously |

## Moral & Ethical Expressions

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Reproach** | Address (someone) in such a way as to express disapproval or disappointment. | Censure, rebuke, blame, reprimand | Praise, commendation, approval, accolade |
| **Dignity** | The state or quality of being worthy of honor or respect. | Self-respect, nobility, grace, standing | Indignity, dishonor, shame, degradation |
| **Unintelligent** | Having or showing a lack of intelligence or reason (referring in context to animals). | Unreasoning, instinctual, non-rational | Intelligent, rational, smart, intellectual |
| **Commended** | Praised formally or officially. | Praised, acclaimed, lauded, approved | Condemned, criticized, blamed, denounced |
| **Meritorious** | Deserving reward or praise. | Praiseworthy, admirable, commendable, exemplary | Blameworthy, reprehensible, shameful |
| **Pardoned** | Forgave or excused someone for an offense or sin. | Forgiven, absolved, excused, exonerated | Punished, condemned, penalized, blamed |
| **Screeching** | Making a loud, harsh, piercing cry. | Squealing, shrieked, screaming, howling | Whispering, murmuring, silencing, hushing |
| **Sincere** | Free from pretense or deceit; proceeding from genuine feelings. | Genuine, honest, heartfelt, authentic | Insincere, dishonest, fake, hypocritical |
| **Conscious** | Aware of and responding to one's surroundings; sentient. | Sentient, aware, alert, responsive | Unconscious, insensible, unaware |
| **Harmony** | The state of being in agreement or concord. | Accord, concordance, peace, equilibrium | Discord, conflict, friction, strife |

# Vocabulary & Synonyms-Antonyms Guide

Derived from: "The Art of Muslim Women's Entrepreneurship" by Zaynab Abdi

**Overview:** This document compiles difficult words, academic vocabulary, and key business terms extracted from the text pages regarding Muslim women's entrepreneurship. Each term includes its contextual meaning, synonyms, and antonyms in a structured tabular format.

## Business & Leadership Vocabulary

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Entrepreneurship** | The activity of setting up a business or businesses, taking on financial risks in the hope of profit. | Enterprise, business initiative, commercialism | Employment, wage-labor, inactivity |
| **Business-savvy** | Well-informed and possessing practical knowledge about business matters. | Astute, shrewd, commercially-minded, perceptive | Naïve, unskillful, clueless |
| **Obstacles** | A thing that blocks one's way or prevents or hinders progress. | Barriers, hurdles, hindrances, impediments | Aids, facilitators, openings, advantages |
| **Independence** | The fact or state of being independent; self-reliance. | Self-sufficiency, autonomy, freedom, liberty | Dependence, reliance, subjugation |
| **Self-sustenance** | The ability to support oneself without outside help. | Self-support, subsistence, self-reliance | Reliance, dependency, parasitism |
| **Legitimate** | Conforming to the law or to rules; justifiable and valid. | Valid, lawful, legal, genuine, authentic | Illegitimate, unlawful, fake, invalid |
| **Acumen** | The ability to make good judgments and quick decisions in a particular domain. | Shrewdness, astuteness, sharpness, discernment | Stupidity, ineptitude, obtuseness |
| **Ambitions** | A strong desire and determination to achieve something. | Aspirations, goals, drives, objectives | Apathy, laziness, indifference |
| **Sustainable** | | Viable, maintainable, durable, feasible | Unsustainable, transient, temporary |

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| | Able to be maintained at a certain rate or level; conserving ecological balance. | | |
| **Uplifting** | Morally or spiritually inspiring; elevating. | Inspiring, encouraging, heartening, boosting | Depressing, demoralizing, discouraging |

## Community & Empowerment Terms

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Empowerment** | The process of becoming stronger and more confident, especially in controlling one's life. | Authorization, enfranchisement, strengthening | Subjugation, oppression, powerlessness |
| **Melanated** | Having a high concentration of melanin in the skin (darker skin tone). | Pigmented, brown, dark-skinned | Unpigmented, fair-skinned, pale |
| **Embracing** | Accepting or supporting (a belief, theory, or change) willingly and enthusiastically. | Welcoming, adopting, espousing, accepting | Rejecting, shunning, abandoning, avoiding |
| **Intentions** | A thing intended; an aim or plan. | Purposes, aims, objectives, motives | Aimlessness, accident, chance |
| **Narratives** | A spoken or written account of connected events; a story or perspective. | Stories, accounts, descriptions, chronicles | Silence, omission |
| **Connect** | Bring together or into contact so that a real or notional link is established. | Link, join, associate, unite, bond | Disconnect, separate, isolate, sever |
| **Align** | Place or arrange things in a straight line or in correct relative positions. | Coordinate, harmonize, integrate, adjust | Misalign, mismatch, disorganize |
| **Competitive** | Relating to or characterized by competition; striving to win or be better. | Rivalrous, ambitious, aggressive, cutthroat | Cooperative, noncompetitive, collaborative |
| **Challenges** | | | |

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| | A call to someone to prove or justify something; a difficult task or problem. | Difficulties, trials, tests, problems | Solutions, agreements, smooth paths |
| **Generation** | All of the people born and living at about the same time, regarded collectively. | Age group, cohort, contemporaries | Ancestors, descendants (specific extremes) |

# Vocabulary & Synonyms-Antonyms Guide

Derived from: "Digital Globalization" by Ben Lutkevich

**Overview:** This document compiles difficult words, academic terms, and vocabulary extracted from the text pages covering digital globalization, economics, and media connectivity. Each term includes its contextual meaning, synonyms, and antonyms in a structured tabular format.

## Globalization & Economic Terminology

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Globalization** | The process through which ideas, knowledge, information, goods, and services spread globally. | Internationalization, worldwide integration, planetary spread | Isolationism, nationalism, localization |
| **Convergence** | The process or state of merging or coming together from different directions. | Union, confluence, merging, integration | Divergence, separation, division |
| **Interdependence** | The dependence of two or more people or things on each other. | Mutual reliance, interconnectedness, connectedness | Independence, autonomy, self-sufficiency |
| **Intertwined** | Twisted or closely connected so as to be difficult to separate. | Interconnected, entwined, interwoven, linked | Disconnected, separated, detached |
| **Swiftly** | At high speed; very quickly. | Rapidly, quickly, speedily, promptly | Slowly, sluggishly, tardily |
| **Accelerated** | Happened or caused to happen at a faster rate or more quickly. | Speeded up, expedited, quickened, boosted | Decelerated, slowed, hindered, delayed |
| **Responsive** | Reacting quickly and positively. | Receptive, reactive, agile, prompt | Unresponsive, indifferent, slow |
| **Resultantly** | As a consequence; therefore. | Consequently, accordingly, therefore, hence | Independently, unrelatedly |
| **Multinational** | Operating in or spanning multiple countries (referring to corporations). | Global, transnational, worldwide, international | Local, domestic, national |

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Pervasiveness** | The quality of spreading widely or being present throughout an area or group. | Ubiquity, omnipresence, widespread presence | Rarity, scarcity, absence |

## Digital Media & Societal Impact Terms

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Contributors** | A person or thing that brings about a result or helps to cause something. | Facilitators, catalysts, agents, causes | Hindrances, inhibitors, blockers |
| **Theorists** | A person concerned with the theoretical aspects of a subject. | Thinkers, scholars, intellectuals, researchers | Practitioners, laymen |
| **Distinctively** | In a way that is characteristic of a particular person or thing, thus easy to recognize. | Distinctly, notably, characteristically, clearly | Indistinctly, uniformly, obscurely |
| **Integrity** | The quality of being honest and having strong moral principles; wholeness. | Uprightness, honesty, honor, unity | Dishonesty, corruption, division |
| **Facilitates** | Makes an action or process easy or easier. | Eases, assists, aids, promotes, supports | Hinders, blocks, impedes, complicates |
| **Destabilize** | Upset the stability of (a region, system, or government) and cause unrest. | Undermine, disrupt, destabilize, rattle | Stabilize, secure, strengthen, consolidate |
| **Prominence** | The state of being important, famous, or noticeable. | Preeminence, distinction, importance, visibility | Obscurity, insignificance, unimportance |
| **Evolution** | The gradual development of something, especially from a simple to a more complex form. | Development, progression, growth, unfolding | Regression, stagnation, decline |
| **Encompasses** | Surrounds or holds within; includes comprehensively. | Includes, embraces, contains, covers, comprises | Excludes, omits, leaves out |
| **Diversify** | | | |

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| | Enlarge or vary the range of products or a field of operation. | Expand, vary, broaden, multiply | Narrow, specialize, restrict, limit |

# Vocabulary & Synonyms-Antonyms Guide

Derived from: "Nothing is Impossible - The Construction of Spectacular Brooklyn Bridge"

**Overview:** This document compiles difficult words, academic terms, and vocabulary extracted from the text pages covering the construction and history of the Brooklyn Bridge. Each term includes its contextual meaning, synonyms, and antonyms in a structured tabular format.

## Engineering & Architectural Terminology

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Suspension** | A bridge in which the deck is hung from suspension cables on vertical suspenders. | Catenary bridge, hanging bridge | Arch bridge, beam bridge, girder bridge |
| **Landmark** | An object or feature of a landscape or town that is easily seen and recognized from a distance. | Monument, feature, milestone, beacon | Nonentity, obscurity |
| **Spectacular** | Beautiful in a dramatic and eye-catching way. | Magnificent, striking, impressive, breathtaking | Dull, ordinary, mundane, unimpressive |
| **Practical** | Of or concerned with the actual doing or use of something rather than with theory and ideas. | Realistic, pragmatic, feasible, workable | Impractical, unrealistic, unfeasible, visionary |
| **Decompression** | Reduction in air pressure; specifically the medical condition (bends) affecting underwater workers. | Caisson disease, pressure reduction sickness | Compression, pressurization |
| **Incapacitated** | Deprived of strength or power; unable to live or work normally. | Disabled, debilitated, immobilized, crippled | Able-bodied, healthy, active, fit |
| **Catenary** | The curve assumed by a wire or cable freely suspended between two points. | Sag curve, suspension curve | Straight line, rigid bar |
| **Intricacies** | The complex or detailed parts or aspects of something. | Complexities, details, fineness, intricacies | Simplicity, basics, straightforwardness |

## Perseverance & Descriptive Vocabulary

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Prima facie** | Based on the first impression; accepted as correct until proved otherwise (Latin). | At first sight, apparently, ostensibly, ostensibly | Proven, thoroughly examined, investigated |
| **Persuasion** | The action or process of persuading someone or of being persuaded to do or believe something. | Conviction, coaxing, influence, argument | Dissuasion, discouragement, deterrence |
| **Headiness** | An exhilarating or intoxicating feeling; excitement or rashness. | Exhilaration, excitement, giddiness, enthusiasm | Calmness, sobriety, dullness, apathy |
| **Daunted** | Made someone feel intimidated or apprehensive. | Intimidated, discouraged, disheartened, unnerved | Encouraged, emboldened, fearless |
| **Herculean** | Requiring great strength or effort. | Monumental, arduous, strenuous, massive | Easy, effortless, simple, trivial |
| **Devotion** | Love, loyalty, or enthusiasm for a person, activity, or cause. | Dedications, loyalty, faithfulness, commitment | Apathy, disloyalty, betrayal, indifference |
| **Indomitable** | Impossible to subdue or defeat. | Invincible, unbeatable, resolute, steadfast | Submissive, fragile, cowardly, weak |
| **Persistence** | Firm continuation in a course of action in spite of difficulty or opposition. | Perseverance, tenacity, determination, endurance | Quitting, surrender, cowardice, inconstancy |

# Comprehensive Vocabulary, Synonyms & Antonyms Guide

Derived from: "5 of Jeff Bezos' Best Lessons for Success from His 27 Years as Amazon CEO"

> **Overview:** This expanded document compiles core vocabulary, advanced academic terms, idioms, and conceptual words extracted from all sections of the reading text on Jeff Bezos. Each term is detailed with its contextual meaning, precise synonyms, and exact antonyms in a structured layout.

## Part I: Business, Leadership & Decision-Making

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Behemoth** | A huge or monstrous creature; an extremely large and powerful company or organization. | Giant, titan, powerhouse, monster | Dwarf, pygmy, minnow, startup |
| **Omission** | Someone or something that has been left out or excluded; a failure to do something. | Exclusion, neglect, oversight, default | Inclusion, addition, commission |
| **Nimbleness** | Quick and light in movement or action; agility of mind or business strategy. | Agility, quickness, promptness, dexterity | Clumsiness, stiffness, sluggishness |
| **Irreversible** | Not able to be undone or altered; permanent. | Permanent, irrevocable, unalterable | Reversible, changeable, alterable |
| **Suboptimal** | Below the highest standard or expected level; less than ideal. | Deficient, subpar, inferior, mediocre | Optimal, ideal, superior, excellent |
| **Deliberating** | Long and careful consideration or discussion before making a choice. | Pondering, contemplating, debating, weighing | Rushing, acting impulsively, ignoring |
| **Aversion** | A strong dislike or a strong avoidance of something perceived as dangerous. | Reluctance, hesitation, repugnance, avoidance | Affinity, inclination, eagerness, attraction |
| **Iteration** | The repetition of a process or utterance to generate a sequence of outcomes. | Repetition, rerun, cycle, sequence | Stagnation, single instance |

## Part II: Passion, Innovation & Exploration

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Calling** | A strong urge toward a particular way of life or career; a true vocation. | Vocation, mission, life's work, purpose | Hobby, passing interest, chore |
| **Counter-balance** | A weight or influence that balances another; an opposing force that keeps equilibrium. | Counterweight, offset, equalizer, check | Amplifier, exacerbation |
| **Tangential** | Diverging from a previous course or line; relating to or touching slightly. | Peripheral, digressive, indirect, incidental | Direct, relevant, crucial, central |
| **Distinctiveness** | The quality of being characteristic of a particular person or thing, setting it apart. | Originality, uniqueness, individuality | Uniformity, conformity, commonness |
| **Misleading** | Giving the wrong idea or impression; deceptive or untruthful. | Deceptive, fallacious, illusory, ambiguous | Clear, truthful, transparent, accurate |
| **Intuition** | The ability to understand something instinctively, without the need for conscious reasoning. | Instinct, gut feeling, insight, hunch | Logic, reasoning, calculation |
| **Efficiency** | The state or quality of being efficient, achieving maximum productivity with minimum wasted effort. | Productivity, optimization, streamlining | Inefficiency, wastefulness, disorganization |
| **Wandering** | The act of moving aimlessly or exploring freely without a rigid, predetermined path. | Exploring, drifting, roaming, straying | Remaining fixed, adhering rigidly |

# Comprehensive Vocabulary, Synonyms & Antonyms Guide

Derived from: "The Menace of Drug Abuse & Prevention Strategies"

**Overview:** This educational reference guide compiles key vocabulary, academic terms, and conceptual words extracted from the reading text on drug abuse awareness, prevention policies, and athletic recovery stories. Each term includes contextual meaning, synonyms, and antonyms.

## Part I: Social Awareness, Policy & Public Health

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Menace** | A person or thing that is likely to cause harm; a threat or danger. | Threat, hazard, danger, peril | Safety, protection, benefit |
| **Illicit** | Forbidden by law, rules, or custom; illegal. | Illegal, unlawful, illegitimate, prohibited | Legal, lawful, authorized, licit |
| **Repercussions** | An unintended consequence occurring some time after an action or event (often negative). | Consequences, fallout, impact, aftereffects | Causes, antecedents, origins |
| **Eradicate** | Destroy completely; put an end to. | Eliminate, abolish, wipe out, exterminate | Establish, preserve, foster, plant |
| **Lethality** | The capacity to cause death or serious destruction. | Deadliness, fatalness, toxicity, destructiveness | Harmlessness, safety, benignity |
| **Countermeasures** | An action taken to offset or prevent a bad situation or opposing action. | Precautions, defenses, checks, preventive steps | Provocations, incitements |
| **Immune** | Protected or exempt from a disease or an obligation/harmful condition. | Resistant, exempt, invulnerable, protected | Vulnerable, susceptible, exposed |
| **Abyss** | A deep or seemingly bottomless chasm; a catastrophic state or situation. | Chasm, gorge, pit, void, depth | Peak, summit, height, pinnacle |

## Part II: Addiction, Recovery & Rehabilitation

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Relapse** | A deterioration in someone's state of health after a temporary improvement; a return to bad habits. | Recurrence, regression, setback, reversion | Recovery, improvement, healing |
| **Sobriety** | The state of being sober; abstaining from alcohol or psychoactive drugs. | Clarity, temperance, abstinence, calmness | Intoxication, drunkenness, addiction |

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Rehab** | The action of restoring someone to health or normal life through training and therapy. | Rehabilitation, treatment, recovery center | Worsening, abandonment |
| **Opioids** | Synthetic or natural chemical compounds that bind to opioid receptors in the brain, producing pain relief. | Narcotics, painkillers, opiates | Stimulants (non-pain relief) |
| **Revived** | Restored to life, consciousness, or vigor. | Resuscitated, resurrected, awakened, restored | Expired, perished, collapsed |
| **Dedication** | The quality of being dedicated or committed to a task or purpose. | Commitment, devotion, loyalty, zeal | Apathy, indifference, neglect |
| **Asset** | A useful or valuable quality, person, or thing; a resource. | Resource, advantage, strength, treasure | Liability, handicap, burden |
| **Awareness** | Knowledge or perception of a situation or fact. | Consciousness, mindfulness, recognition, insight | Ignorance, unawareness, blindness |

# Comprehensive Vocabulary, Synonyms & Antonyms Guide

Derived from the Poem: "Mowing" by Robert Frost

**Overview:** This educational reference guide compiles key vocabulary, poetic terms, and archaic expressions extracted from Robert Frost's poem "Mowing" and its accompanying author biography. Each term includes contextual meaning, synonyms, and antonyms.

## Part I: Poetic Imagery & Rural Terminology in "Mowing"

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Scythe** | A long-handled, curved blade used for cutting grass, crops, or wheat by hand. | Sickle, mower, blade, reaper | Planter, seed, soil |
| **Swale** | An area of low or hollow land, or the row of grass/hay laid down by a mower. | Depression, hollow, trough, row | Ridge, crest, peak, elevation |
| **Fay** | A fairy, elf, or mythical magical creature of folklore. | Elf, sprite, pixie, goblin, fairy | Mortal, human, person |
| **Earnest** | Resulting from or showing sincere and intense conviction; serious and dedicated. | Sincere, serious, resolute, devoted | Frivolous, insincere, playful, casual |
| **Feoble-pointed** | Having weak, delicate, or soft-looking tips (describing the orchid blossoms). | Fragile, delicate, slender, soft | Sharp, robust, sturdy, tough |
| **Orchises** | Wild orchids; plants characterized by complex flowers and tuberous roots. | Wild orchids, flora, blooms | Barrenness, weeds |
| **Labor** | Hard physical work; toil or exertion. | Toil, exertion, work, effort, industry | Idleness, rest, ease, leisure |
| **Idle** | Lazy; without purpose or effect; not active or in use. | Inactive, lazy, unoccupied, dormant | Active, busy, occupied, industrious |

## Part II: Biographical & Literary Style Terms

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Colloquial** | Used in ordinary or familiar conversation; not formal or literary (referring to speech style). | Conversational, informal, vernacular, everyday | Formal, literary, academic, written |
| **Realistic** | | | |

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| | Representing things in a way that is accurate and true to life. | Lifelike, authentic, true-to-life, natural | Unrealistic, fantastical, artificial |
| **Depiction** | The action or result of depicting something, especially in artwork or literature. | Portrayal, representation, description, rendering | Distortion, misrepresentation |
| **Admired** | Regarded with respect or warm approval. | Respected, praised, appreciated, esteemed | Despised, condemned, scorned |
| **Ordinary** | With no special or distinctive features; normal; common. | Common, regular, everyday, normal, typical | Extraordinary, exceptional, unusual |
| **Rural** | In, relating to, or characteristic of the countryside rather than the town. | Country, rustic, agrarian, pastoral | Urban, city, metropolitan |
| **Verse** | Writing arranged with a metrical rhythm, typically having a rhyme; poetry. | Poetry, poem, rhyme, stanza | Prose |
| **Situation** | A set of circumstances in which one finds oneself. | Condition, circumstance, state, position | Abstract, disorder |

# Comprehensive Vocabulary, Synonyms & Antonyms Guide

Derived from the Poem: "The Eagle" by Alfred, Lord Tennyson

**Overview:** This educational reference guide compiles key vocabulary, literary terms, and descriptive expressions extracted from Alfred, Lord Tennyson's classic poem "The Eagle". Each term includes contextual meaning, synonyms, and antonyms.

## Vocabulary, Synonyms & Antonyms Reference

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Clasps** | Grasps, holds tightly, or clutches with the claws or hands. | Grasps, grips, clings, clutches | Releases, lets go, drops |
| **Crag** | A steep or rugged cliff or rock face. | Cliff, precipice, bluff, outcrop | Plain, valley, flatland |
| **Crooked** | Bent or curved; not straight (describing the eagle's talons). | Curved, hooked, bent, arched | Straight, direct, flat |
| **Azure** | Bright blue in color, like a cloudless sky. | Blue, sky-blue, cerulean, cobalt | Dark, dull, overcast |
| **Wrinkled** | Having small creases or ridges (describing the rippling appearance of the distant sea). | Rippled, creased, furrowed, wavy | Smooth, flat, glassy |
| **Crawls** | Moves slowly or with frequent stops (describing the slow apparent motion of waves from a high viewpoint). | Creeps, moves sluggishly, stirs | Rushes, races, sprints, flies |
| **Mountain walls** | Steep, towering rock formations surrounding the high vantage point. | Cliff sides, precipices, barriers | Lowlands, plains, valleys |
| **Thunderbolt** | A flash of lightning accompanied by thunder; used metaphorically to describe a swift, powerful descent. | Flash, bolt, missile, plunge | Ascent, climb, crawl |

# Comprehensive Vocabulary, Synonyms & Antonyms Guide

Derived from the Poem: "Travel" by Robert Louis Stevenson

**Overview:** This comprehensive educational reference guide compiles key vocabulary, geographical references, poetic imagery, and literary terms extracted from Robert Louis Stevenson's classic adventure poem "Travel". Each term is thoroughly detailed with its contextual meaning, relevant synonyms, and direct antonyms to assist students in expanding their literary lexicon and analytical reading skills.

## Part I: Global Imagery & Cultural Landscape Terms

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Minaret** | A tall, slender tower attached to a mosque, traditionally featuring a balcony from which muezzins call Muslims to prayer. | Tower, spire, steeple, belfry | Base, foundation, pit |
| **Bazaar** | A traditional Middle Eastern or South Asian marketplace consisting of multiple small shops and stalls. | Marketplace, souk, fair, market, agora | Wilderness, wasteland, solitude |
| **Crusoes** | Allusions to Robinson Crusoe; shipwrecked castaways stranded on isolated, remote islands building their own survival shelters. | Castaways, survivors, hermits, exiles | Citizens, society members |
| **Palanquin** | A covered passenger vehicle traditionally carried on poles on the shoulders of bearers, used in historical Asia. | Litter, sedan chair, carriage | Automobile, motorized vehicle |
| **Flamingo** | A tall wading bird with pink or red plumage, long legs, and a uniquely curved bill, native to tropical wetland habitats. | Wading bird, waterbird | Land predator, bird of prey |
| **Knotty** | Having hard knots or bumps (describing the scaly, tough, textured hide of the crocodile resting along the riverbank). | Knotted, rugged, rough, textured | Smooth, sleek, polished |

## Part II: Descriptive, Emotional & Poetic Lexicon

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Spire** | | | |

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| | A tall, acutely pointed structure on the top of a building, such as a church tower or a towering forest canopy tree. | Steeple, peak, pinnacle, taper | Basement, depression, trough |
| **Deserted** | Empty of people; abandoned, uninhabited, or left completely desolate and quiet over long historical periods. | Abandoned, uninhabited, desolate, empty | Populated, crowded, bustling |
| **Caravan** | A group of travelers, merchants, or pilgrims journeying together across dangerous regions like deserts for mutual protection. | Expedition, procession, convoy, safari | Isolation, lone traveler |
| **Gloom** | Partial or total darkness, dimness, or a deeply shadowy atmosphere inside an old, closed room or forest. | Darkness, dimness, shadow, dusk | Brightness, brilliance, light |
| **Anchored** | Securely fixed, moored, or held in place in the water or landscape as if fastened by heavy marine anchors. | Moored, fixed, secured, docked | Floating, drifting, unmoored |
| **Festival** | A day or period of coordinated celebration, cultural performance, religious observance, or public entertainment. | Celebration, gala, jubilee, fiesta | Mourning, fast, sorrow |

# Comprehensive Vocabulary, Synonyms & Antonyms Guide

Derived from the Poem: "Two Mothers Remembered" by Joann Snow Duncanson

**Overview:** This comprehensive educational reference guide compiles key vocabulary, emotional expressions, literary terms, and thematic phrases extracted from Joann Snow Duncanson's deeply moving poem "Two Mothers Remembered". Each term is thoroughly detailed with its contextual meaning, relevant synonyms, and direct antonyms to assist students in expanding their literary lexicon and analytical reading comprehension skills.

## Vocabulary, Synonyms & Antonyms Reference

| Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|
| **Nurtured** | Cared for and encouraged the growth, development, or upbringing of a child during their formative years. | Fostered, raised, nourished, supported | Neglected, abandoned, harmed |
| **Features** | The distinctive physical attributes, structural characteristics, or facial traits inherited from a parent. | Characteristics, traits, attributes, lineaments | Dissimilarities, differences |
| **Clouded** | Became darkened, confused, or impaired (referring to the gradual decline of cognitive faculties or memory). | Blurred, dimmed, confused, impaired | Cleared, sharpened, lucid |
| **Stranger** | A person whom one does not know or with whom one is unfamiliar (reflecting the emotional distance caused by cognitive decline). | Outsider, unknown person, unfamiliar face | Acquaintance, friend, familiar person |
| **Full circle** | A complete return to an original starting point or condition, representing the reversal of caregiving roles between parent and child. | Complete cycle, reversal, turnaround | Linear progression, divergence |
| **Strength** | The emotional resilience, physical power, and moral support provided by the daughter to care for her aging mother. | Support, pillar, fortitude, backbone | Weakness, frailty, vulnerability |
| **Caravan** | A group traveling together (referenced in related thematic contexts of journey and life passage). *Note: Included from curriculum glossary.* | Convoy, expedition, procession | Isolation, lone traveler |

| Word | Contextual Meaning | Synonyms | Antonyms |
| --- | --- | --- | --- |
| **Responsibility** | The state or fact of having a duty, obligation, or caring commitment toward one's aging parent. | Duty, obligation, accountability, care | Irresponsibility, neglect |

# Comprehensive 60-Word Vocabulary, Synonyms & Antonyms Guide

Extracted from Franz Kafka's Novella: "The Metamorphosis"

**Overview:** This master educational reference guide provides a complete lexical breakdown of 60 advanced and difficult vocabulary words extracted directly from the provided text of Franz Kafka's "The Metamorphosis". Each entry includes the target word, precise contextual definition, relevant synonyms, and direct antonyms to facilitate advanced literary analysis and vocabulary mastery.

## Master Vocabulary Glossary (Words 1 – 60)

| No. | Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|---|
| 1 | **Metamorphosis** | A change of the form or nature of a thing or person into a completely different one. | Transformation, mutation | Stagnation, stasis |
| 2 | **Vermin** | Wild mammals and birds that are pests, or insects/parasites like beetles and lice. | Pests, parasites, insects | Benefactors, pets |
| 3 | **Armour-like** | Resembling protective metal covering or a hard chitinous shell. | Shielded, plated, chitinous | Vulnerable, soft, exposed |
| 4 | **Domed** | Having a rounded vault shape or curved convex surface. | Rounded, arched, convex | Flat, depressed, concave |
| 5 | **Pitifully** | In a way that deserves or arouses pity, sorrow, or deep sympathy. | Pathetically, miserably | Admirably, robustly |
| 6 | **Textile** | A type of cloth or woven fabric used by traveling salesmen for samples. | Fabric, cloth, material | Non-fabric |
| 7 | **Gilded** | Covered thinly with gold leaf or gold paint; ornamented. | Golden, plated, bright | Tarnished, plain, dull |
| 8 | **Floundering** | Struggling clumsily or thrashing about in water or helplessness. | Thrashing, struggling, flailing | Floating, gliding, poised |
| 9 | **Strenuous** | Requiring or using great exertion, energy, effort, or stamina. | Arduous, taxing, rigorous | Effortless, easy, idle |
| 10 | **Irregular** | Not occurring at regular times; not symmetrical or uniform. | Erratic, uneven, sporadic | Regular, steady, uniform |
| 11 | **Shudder** | An trembling or shivering movement caused by fear, cold, or disgust. | Tremor, shiver, quiver | Calmness, steadiness |
| 12 | **Luxury** | The state of great comfort and extravagant living standards. | Opulence, extravagance | Austerity, poverty, destitution |
| 13 | **Subordinates** | Persons under the authority or control of another within an organization. | Inferiors, assistants | Superiors, bosses, leaders |
| 14 | **Spineless** | Lacking courage, resolution, backbone, or moral fortitude. | Cowardly, weak, irresolute | Courageous, resolute, bold |
| 15 | **Suspicious** | Showing a cautious distrust of someone or something; questionable. | Distrustful, wary, dubious | Trusting, assured, certain |
| 16 | **Workshy** | | | |

| No. | Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|---|
| | | Avoiding work or physical exertion; lazy or indolent. | Lazy, idle, indolent, slacker | Industrious, hardworking |
| 17 | **Excessive** | More than is necessary, normal, or desirable; immoderate. | Extreme, exorbitant, undue | Moderate, meager, deficient |
| 18 | **Plaintively** | Sounding sad, mournful, plaintive, or expressing melancholy. | Mournfully, sorrowfully | Joyfully, cheerfully |
| 19 | **Enunciating** | Pronouncing words or clear articulation of speech sounds. | Articulating, pronouncing | Mumbling, slurring |
| 20 | **Awkwardly** | In a way that lacks grace, skill, or ease of movement. | Clumsily, ungainly | Gracefully, smoothly |
| 21 | **Imaginings** | Products of the imagination; fanciful thoughts or illusions. | Fancies, illusions, visions | Realities, facts, truths |
| 22 | **Occupational** | Relating to or caused by a person's job or profession. | Professional, vocational | Recreational, avocational |
| 23 | **Exceptionally** | To a greater degree than normal; unusually or remarkably. | Unusually, remarkably | Unremarkably, ordinarily |
| 24 | **Frenzy** | A state or period of uncontrolled excitement or wild behavior. | Hysteria, madness, panic | Calmness, tranquility, peace |
| 25 | **Sensitive** | Quick to detect, respond to, or feel slight changes, pain, or stimuli. | Tender, reactive, delicate | Insensitive, numb, callous |
| 26 | **Consciousness** | The state of being awake and aware of one's surroundings. | Awareness, alertness | Unconsciousness, stupor |
| 27 | **Enveloped** | Wrapped up, covered, or surrounded completely. | Surrounded, shrouded, hid | Exposed, revealed, bare |
| 28 | **Chief clerk** | A senior administrative officer or manager representing an employer. | Supervisor, manager, envoy | Subordinate, employee |
| 29 | **Shortcoming** | A fault or failure to meet a certain standard or expectation. | Flaw, defect, deficiency | Perfection, strength, merit |
| 30 | **Louts** | Uncivilized, aggressive, or clumsy young men or employees. | Brutes, boors, rowdies | Gentlemen, scholars |
| 31 | **Pangs** | Sudden sharp feelings of pain, guilt, or emotional distress. | Twinges, spasms, pricks | Comfort, ease, relief |
| 32 | **Enquiries** | Acts of asking for information or official investigations. | Inquiries, questions, probes | Answers, replies |
| 33 | **Wisdom** | The quality of having experience, knowledge, and good judgment. | Sagacity, prudence, insight | Folly, stupidity, ignorance |
| 34 | **Muffled** | Not loud or clear; deadened or muted sound quality. | Muted, damped, subdued | Clear, resonant, loud |
| 35 | **Concede** | Admit or agree that something is true after first denying or resisting. | Acknowledge, grant, admit | Deny, dispute, reject |
| 36 | **Gruff** | Abrupt, rough, or stern in manner, speech, or voice tone. | Harsy, rough, brusque, blunt | Gentle, smooth, polite |

| No. | Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|---|
| 37 | Untidiness | **The state of being messy, disorganized, or unkempt.** | Disorder, messiness | Neatness, orderliness |
| 38 | **Fretsaw** | A narrow-bladed fine saw used for cutting intricate curves in wood. | Scroll saw, jigsaw | Crosscut saw |
| 39 | **Stubborn** | Having or showing a stubborn refusal to change one's opinion or course. | Obstinate, headstrong | Flexible, compliant, docile |
| 40 | **Commerce** | The activity of buying and selling, especially on a large scale. | Trade, business, industry | Isolation, noncommercial |
| 41 | **Discourtesy** | Rude and inconsiderate behavior towards other people. | Rudeness, impoliteness | Courtesy, politeness |
| 42 | **Barricade** | Block or defend with barriers; construct an obstacle. | Blockade, obstruct, fortify | Open, clear, unblock |
| 43 | **Peculiar** | Strange or odd; unusual; belonging exclusively to something. | Odd, eccentric, bizarre | Normal, ordinary, common |
| 44 | **Whims** | Sudden desires or changes of mind, especially unusual ones. | Caprices, impulses, urges | Certainties, plans |
| 45 | **Entrusted** | Assigned responsibility for doing something safely or confidentially. | Charged, confided, given | Withdrawn, stripped |
| 46 | **Incomprehensible** | Not able to be understood; extremely difficult to fathom. | Unfathomable, obscure | Understandable, clear |
| 47 | **Intercede** | Intervene on behalf of another person; mediate a dispute. | Intervene, mediate, plead | Abandon, ignore |
| 48 | **Turnover** | The amount of money taken by a business in a particular period. | Revenue, sales, volume | Stagnation, loss |
| 49 | **Accusations** | Charges or claims that someone has done something illegal or wrong. | Allegations, charges | Acquittals, vindications |
| 50 | **Gushed** | Flowed out in a rapid and copious stream; spoke with exaggeration. | Poured, spouted, babbled | Trickled, mumbled |
| 51 | **Practise** | The actual application or use of an idea, belief, or method. | Exercise, training, drill | Theory, speculation |
| 52 | **Insistent** | Insisting or demanding something; persistent and unyielding. | Persistent, pressing, urgent | Reluctant, yielding |
| 53 | **Elastic** | Able to resume its normal shape after being stretched or compressed. | Flexible, springy, resilient | Rigid, stiff, inelastic |
| 54 | **Uncontrollable** | Not able to be managed or restrained; governed by impulse. | Unruly, wild, runaway | Controllable, restrained |
| 55 | **Unintentional** | Not done on purpose; accidental or inadvertent. | Accidental, inadvertent | Intentional, deliberate |
| 56 | **Simultaneous** | Occurring, operating, or done at the same time. | Concurrent, coinciding | Sequential, successive |

| No. | Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|---|
| 57 | **Indolent** | Wanting to avoid activity or exertion; lazy and lethargic. | Slothful, lazy, sluggish | Active, energetic |
| 58 | **Unprecedented** | Never done or known before; completely novel or unique. | Unmatched, groundbreaking | Ordinary, familiar |
| 59 | **Melancholy** | A deep, pensive, and sustained sadness or depression. | Sorrow, despondency | Joy, happiness, elation |
| 60 | **Desolation** | A state of complete emptiness, loneliness, or destruction. | Loneliness, barrenness | Fulfillment, bustling |

# Comprehensive 60-Word Vocabulary, Synonyms & Antonyms Guide

Extracted from Text: "Health and Well-being" Article

**Overview:** This master educational reference guide provides a complete lexical breakdown of 60 advanced and difficult vocabulary words extracted directly from the provided text on health, well-being, stress, and lifestyle habits. Each entry includes the target word, precise contextual definition, relevant synonyms, and direct antonyms to facilitate advanced comprehension and vocabulary mastery.

## Master Vocabulary Glossary (Words 1 – 60)

| No. | Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|---|
| 1 | **Buzzwords** | Words or phrases that are fashionable at a particular time or in a particular context. | Catchwords, trends | Outdated terms |
| 2 | **Navigate** | To plan, direct, or maneuver through a complex situation or environment. | Steer, traverse, manage | Stumble, flounder |
| 3 | **Setbacks** | Undesirable, unexpected events that delay or prevent success. | Obstacles, hindrances | Advancements, successes |
| 4 | **Debilitating** | Tending to weaken, impair, or enfeeble someone's health or strength. | Crippling, weakening | Strengthening, bracing |
| 5 | **Absence** | The non-existence or lack of something required or expected. | Lack, void, scarcity | Presence, existence |
| 6 | **Distress** | Extreme anxiety, sorrow, pain, or suffering of mind or body. | Anguish, torment, agony | Comfort, peace, solace |
| 7 | **Maintenance** | The process of preserving or maintaining something in good condition. | Upkeep, preservation | Neglect, deterioration |
| 8 | **Objective** | Based on real facts and not influenced by personal feelings or opinions. | Impartial, factual, neutral | Subjective, biased |
| 9 | **Subjective** | Based on or influenced by personal feelings, tastes, or opinions. | Personal, individual | Objective, factual |
| 10 | **Foundations** | The underlying basis or principal ground of something. | Bases, fundamentals | Superstructures, tops |
| 11 | **Gauged** | Measured, evaluated, or estimated precisely. | Assessed, measured | Guessed, ignored |
| 12 | **Tangible** | Perceptible by touch or clear and definite; real. | Palpable, concrete, real | Intangible, abstract |
| 13 | **Impediment** | A hindrance or obstruction in doing something. | Obstacle, barrier, hurdle | Aid, assistance, catalyst |
| 14 | **Exhaustion** | A state of extreme physical or mental fatigue. | Fatigue, burnout, weariness | Vigor, energy, freshness |
| 15 | **Excessive** | More than is necessary, normal, or desirable; immoderate. | Extreme, exorbitant | Moderate, reasonable |
| 16 | **Gastrointestinal** | Relating to the stomach and the intestines. | Digestive, enteric | Non-digestive |
| 17 | **Forgetting** | Failing to remember or losing memory of past information. | Amnesia, lapse | Remembering, recall |

| No. | Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|---|
| 18 | **Resilient** | Able to withstand or recover quickly from difficult conditions. | Hardy, adaptable, tough | Fragile, vulnerable |
| 19 | **Discrimination** | The unjust or prejudicial treatment of different categories of people. | Bias, prejudice, bigotry | Equality, fairness |
| 20 | **Comprehensive** | Complete; including all or nearly all elements or aspects. | Thorough, exhaustive | Partial, restricted |
| 21 | **Evolutionary** | Relating to the gradual development of organisms over time. | Developmental, genetic | Static, fixed |
| 22 | **Primitive** | Relating to an early stage in historical or evolutionary development. | Ancient, archaic, basic | Modern, advanced |
| 23 | **Enhance** | To intensify, increase, or further improve the quality or value of. | Boost, augment, elevate | Diminish, impair |
| 24 | **Nurture** | To care for and encourage the growth or development of. | Foster, nourish, cultivate | Neglect, abandon |
| 25 | **Housemates** | People who share a house or apartment together. | Roommates, flatmates | Neighbors |
| 26 | **Antidepressant** | Medication or treatment used to alleviate symptoms of depression. | Mood stabilizer | Depressant |
| 27 | **Lifelong** | Lasting or continuing through life. | Enduring, perpetual | Temporary, brief |
| 28 | **Cognitive** | Relating to mental action or process of acquiring knowledge. | Mental, intellectual | Physical, bodily |
| 29 | **Generosity** | The quality of being kind and generous; readiness to give. | Altruism, benevolence | Selfishness, greed |
| 30 | **Charitable** | Of or relating to the assistance of those in need. | Philanthropic, benevolent | Uncharitable, stingy |
| 31 | **Ignites** | Arouses or inspires a strong feeling or passion. | Kindles, sparks, triggers | Extinguishes, dampens |
| 32 | **Mindfulness** | A mental state achieved by focusing awareness on the present moment. | Awareness, presence | Distraction, heedlessness |
| 33 | **Anticipation** | The action of anticipating something; expectation or excitement. | Expectation, foresight | Surprise, unwariness |
| 34 | **Interpretation** | The action of explaining or understanding the meaning of something. | Explanation, construction | Fact, literal truth |
| 35 | **Judgment** | The ability to make considered decisions or critical opinions. | Discernment, evaluation | Acceptance, neutrality |
| 36 | **Meditation** | The action or practice of engaging in mental exercise for calmness. | Contemplation, reflection | Agitation, distraction |
| 37 | **Fulfillment** | The achievement of something desired, promised, or predicted. | Satisfaction, realization | Frustration, failure |
| 38 | **Fortunately** | It is fortunate that; luckily. | Luckily, providentially | Unfortunately |
| 39 | **Functionality** | The quality of being suited to serve a purpose well. | Utility, usefulness | Dysfunction, uselessness |

| No. | Word | Contextual Meaning | Synonyms | Antonyms |
|---|---|---|---|---|
| 40 | **Hectic** | Full of incessant activity, haste, or confusion. | Frenetic, chaotic, busy | Tranquil, calm, serene |
| 41 | **Professional** | Relating to or belonging to a profession or career. | Vocational, occupational | Amateur, unprofessional |
| 42 | **Culprit** | A person who is responsible for a crime or misdeed (or cause). | Cause, source, factor | Solution, remedy |
| 43 | **Programmers** | People who write computer software programs. | Coders, developers | Users, consumers |
| 44 | **Demanding** | Requiring much time, effort, or attention. | Taxing, rigorous, exacting | Undemanding, easy |
| 45 | **Healthcare** | The organized provision of medical care to individuals. | Medical services | Neglect |
| 46 | **Commitment** | The state or quality of being dedicated to a cause, activity, etc. | Dedication, loyalty | Apathy, betrayal |
| 47 | **Chronic** | Persisting for a long time or constantly recurring medical condition. | Persistent, long-standing | Acute, temporary |
| 48 | **Disorder** | A disruption of normal physical or mental functions. | Malady, ailment, affliction | Health, order |
| 49 | **Far-reaching** | Likely to have a wide influence or effect. | Extensive, sweeping | Local, limited |
| 50 | **Adequate** | Satisfactory or acceptable in quality or quantity. | Sufficient, enough | Inadequate, deficient |
| 51 | **Recover** | To return to a normal state of health, mind, or strength. | Heal, rally, bounce back | Worsen, decline |
| 52 | **Equipped** | Supplied with the necessary items for a particular purpose. | Prepared, furnished | Unprepared, unequipped |
| 53 | **Cope** | To deal effectively with something difficult. | Handle, manage, endure | Succumb, yield |
| 54 | **Voluntary** | Done, given, or acting of one's own free will. | Intentional, deliberate | Compulsory, forced |
| 55 | **Intensely** | To a extreme degree or with strong feeling. | Deeply, acutely | Mildly, superficially |
| 56 | **Outlok** | A person's point of view or general attitude to life. | Perspective, attitude | Closed-mindedness |
| 57 | **Incorporate** | To take in or include as part of a whole. | Integrate, assimilate | Exclude, separate |
| 58 | **Breathing** | The process of taking air into and expelling it from the lungs. | Respiration, inhalation | Suffocation |
| 59 | **Confidence** | The state of feeling certain about one's competence or ability. | Self-assurance, poise | Insecurity, doubt |
| 60 | **Self-esteem** | Confidence in one's own worth or abilities. | Self-respect, dignity | Self-loathing |